

**MY VOICE
MY CARE**

IT'S ALL ABOUT ME

**MY HOPES
MY EXPECTATIONS OF
MY TEAM**

The 'No Decision About Me Without Me' report has been co-produced with patients to use in Care and Treatment Plan (CTP) Review meetings

Developing the Report Template

In the Summer of 2015 staff and patients co-produced a CTP report template to enable patients' voices to be heard and their opinions about treatment and care given status at CTP Review meetings. A central aim was to create person centered, recovery focused approach to CTP Reviews and encourage shared decision making. The format of the report allows patients to give their own account of their progress. This in turn empowers patients to identify their own hopes and expectations, ask questions and co-create future care and treatment plans with their clinical teams.



August 2015 – August 2017

45 reports have been completed by patients for their own CTP's and have either presented it themselves or had it presented for them.

Patients words“The report puts patients at the centre of their care, it shows us that our voice needs to be heard and will be used in deciding our care pathway. ”



March 2016

Recovery focused patient survey completed. 38 forms returned which equates to 68% of the patient population. The majority of patients responded by saying that they had completed or were aware of the patients NO DECISION ABOUT ME REPORT



Sense of achievement

The report gave me confidence to be part of my care

FEEDBACK

Equal status as professionals

Helped me reflect on my progress to date and plan for the future

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