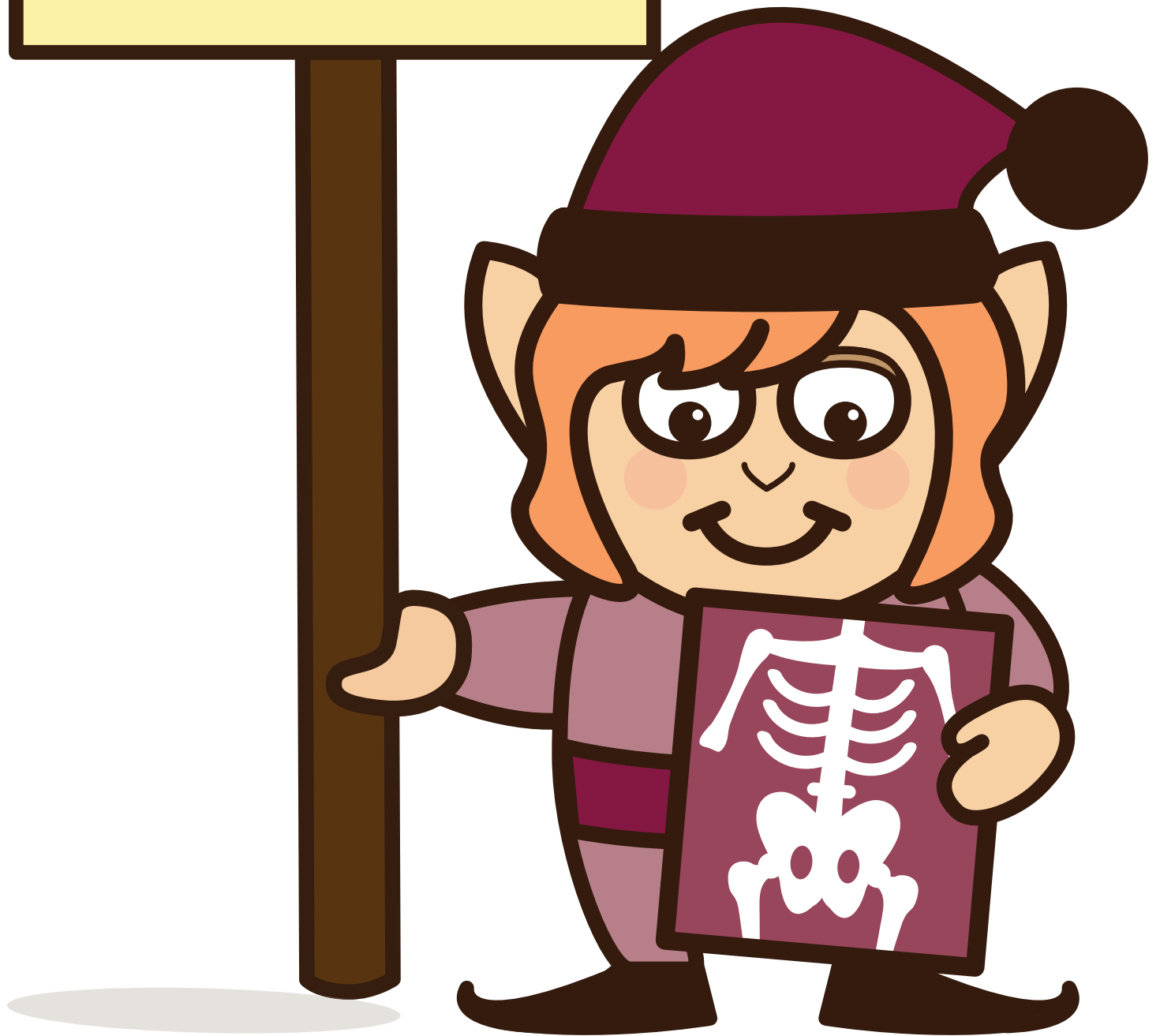


#ElfieSelfie



The Musculoskeletal Elf

The Musculoskeletal Elf

Take an #ElfieSelfie and support your National Elf Service!

There are 3 simple steps:

1. Take a photo of YOU and your ELF
2. Tweet the photo, mention @MSK_Elf and use the #ElfieSelfie hashtag
3. Go to nationalelfservice.net to see our #ElfieSelfie gallery

