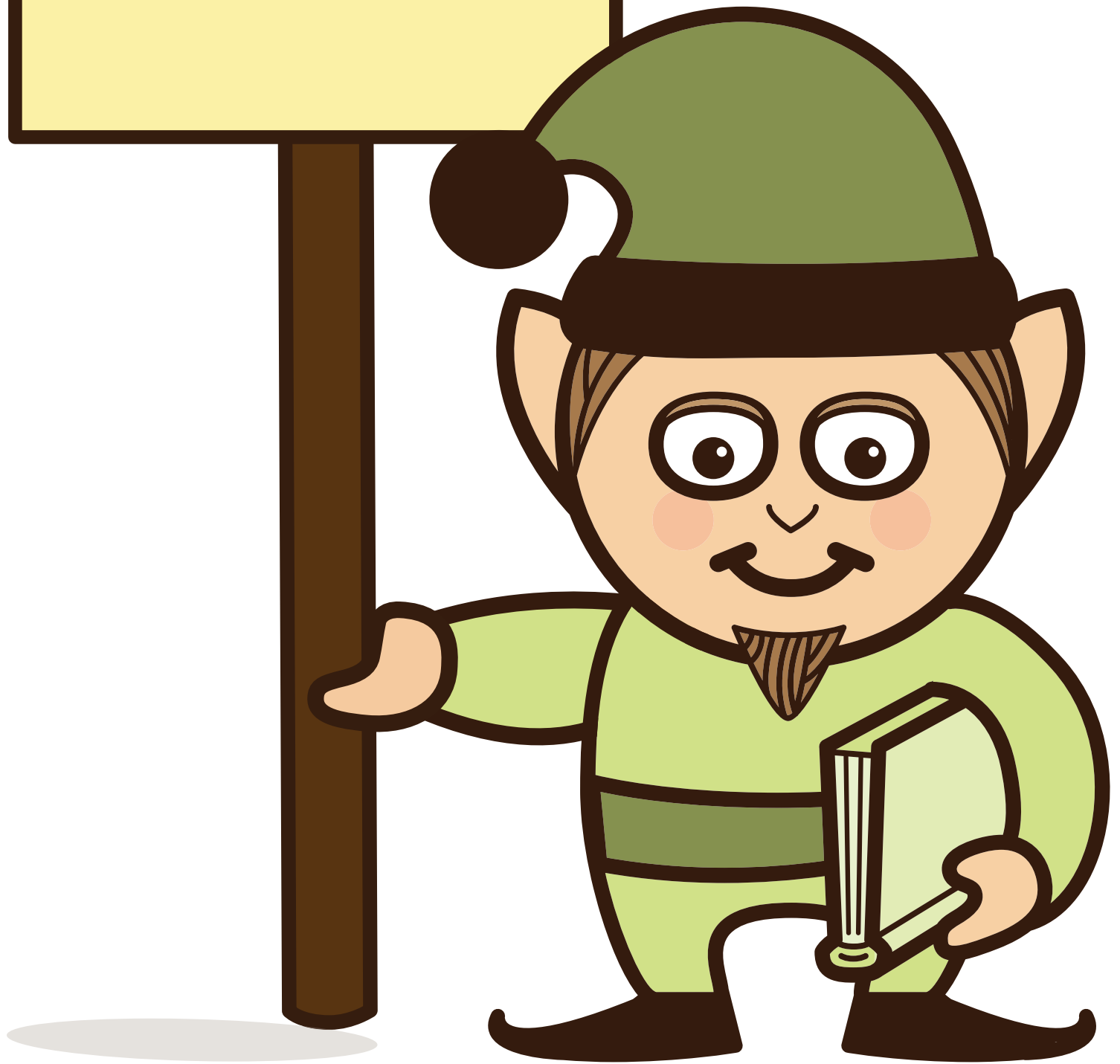


**#ElfieSelfie**



**The Mental Elf**

# The Mental Elf

Take an #ElfieSelfie and support your National Elf Service!

There are 3 simple steps:

1. Take a photo of YOU and your ELF
2. Tweet the photo using the #ElfieSelfie hashtag
3. Go to [nationalelfservice.net](http://nationalelfservice.net) to see our #ElfieSelfie gallery

