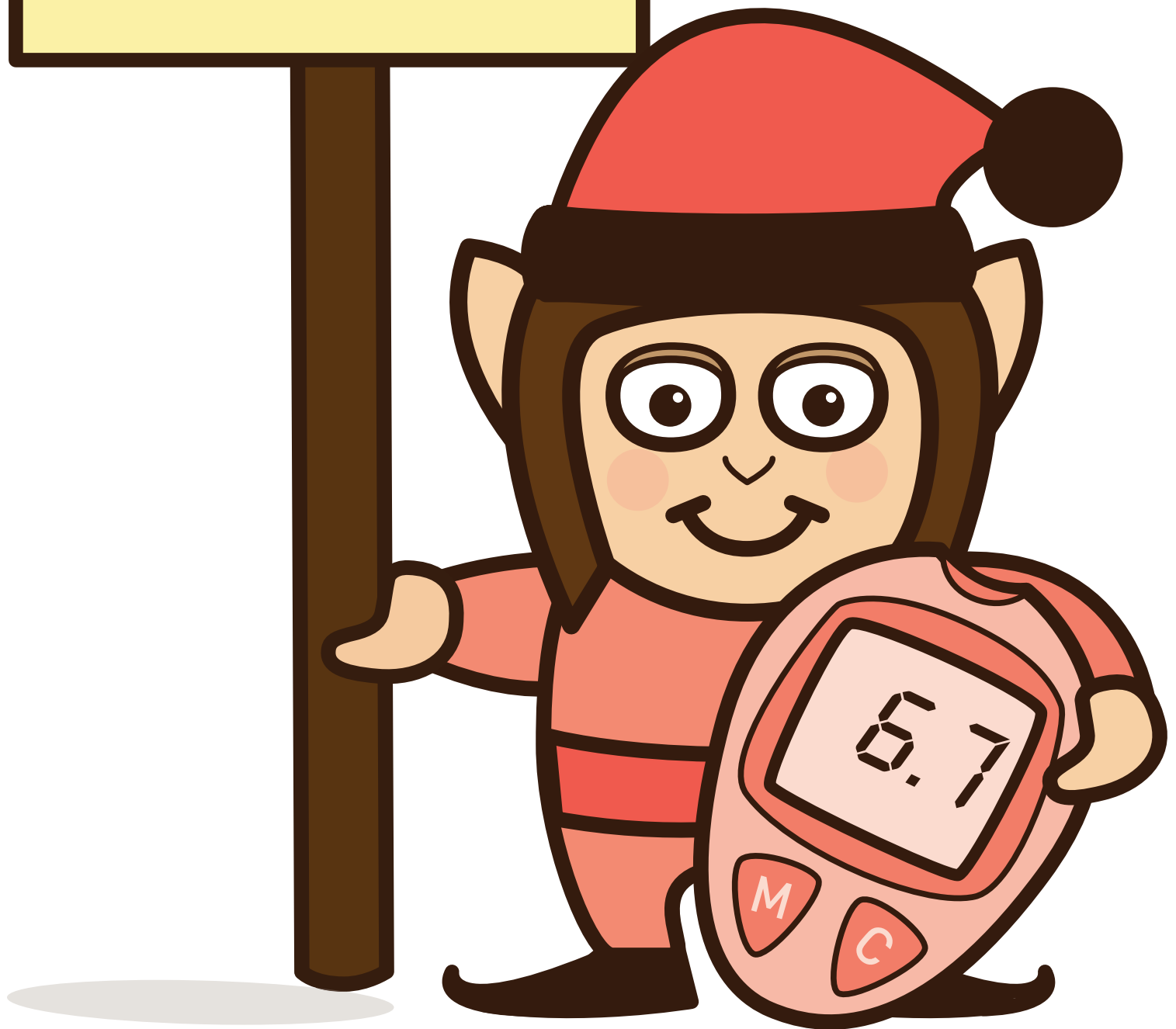


**#ElfieSelfie**



**The Diabetes Elf**

# The Diabetes Elf

Take an #ElfieSelfie and support your National Elf Service!

There are 3 simple steps:

1. Take a photo of YOU and your ELF
2. Tweet the photo, mention @Diabetes\_Elf and use the #ElfieSelfie hashtag
3. Go to [nationalelfservice.net](http://nationalelfservice.net) to see our #ElfieSelfie gallery

